

Enhancing the Public Health Nutrition Workforce: Strategies to Promote Healthy Diets and Physically Active Lifestyles Conference

Date/Time: **Friday, June 7, 2013 9:00 a.m. - 2:00 p.m.**

Location: [Vulcan Park and Museum, 1701 Valley View Dr., Birmingham, AL 35209](#)

There is no cost to attend this conference but registration is required.

Click [HERE to Register](#)

Conference Overview:

This one-day conference focuses on comprehensive prevention of obesity in children and adolescents. The conference will address model population/system-based interventions and direct client programs and services that are being implemented throughout the United States.

Speakers:

Margaret Adamek, PhD, Founder and Principal of Terra Soma Consulting Services; Minneapolis, MN

Thomas Baranowski, PhD, Professor and Leader of the Behavioral Nutrition group, with the USDA funded Children's Nutrition Research Center, Department of Pediatrics, Baylor College of Medicine, Houston

Cheryl Bartlett, RN, BA, Deputy Commissioner of the MA Department of Public Health

Bonnie Spear, PhD, RD, Professor, UAB Department of Pediatrics, Birmingham, AL

Stephanie Welch, MS-MPH, RD, LDN, Director, Community Development and Planning, Knox County Health Department, Tennessee

Conference Objectives:

At the conference's conclusion, the participants should be able to:

Understand the importance of healthy diets and physical activity for child and adolescent well-being.

Identify public health initiatives and partnerships that can be implemented to promote healthy diets and physical activity among children and adolescents.

Discuss how to engage children and adolescents to participate in healthy diets and physical activity.

Apply elements from cutting-edge initiatives taking place across the United States to local settings.

Target Audience:

This conference is designed for public health nutritionists, dietitians, public health researchers and others who are interested in promoting healthy lifestyles among children and adolescents.

Continuing Education Credits Available:

4 hours of continuing education credits will be available to nurses, social workers and dietitians upon conference completion.

For more information please contact Rongbing Xie, MPH, at rongbing@uab.edu or 205-934-2738.

Full [Conference Brochure with agenda and further information.](#)

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