

Optional Background Post-Lecture Readings for Energetics Course Opening Lecture

1. Kleiber, M. (1961). *The fire of life: an introduction to animal energetics*. Wiley.
2. Lusk, G. (1909). *The Elements of the Science of Nutrition*. W. B. Saunders.
3. Hill JO, Wyatt HR, Peters JC. Energy balance and obesity. *Circulation*. 2012 Jul 3;126(1):126-32.
4. Careau V, Garland T Jr. Performance, personality, and energetics: correlation, causation, and mechanism. *Physiol Biochem Zool*. 2012 Nov-Dec;85(6):543-71.
5. Speakman JR, Selman C, McLaren JS, Harper EJ. Living fast, dying when? The link between aging and energetics. *J Nutr*. 2002 Jun;132(6 Suppl 2):1583S-97S.
6. Hargrove JL. History of the calorie in nutrition. *J Nutr*. 2006 Dec;136(12):2957-61.